

Enfield County Upper

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAK TIME!	<u>Baguette Of the Day</u> Spicy MSC Salmon Baguette Or Choose your Classic Baguette	<u>Baguette Of the Day</u> Turkey & Cranberry Baguette Or Choose your Classic Baguette	<u>Baguette Of the Day</u> Cheese & Pickle Or Choose your Classic Baguette	<u>Baguette Of the Day</u> Sweet Chilli Chicken Or Choose your Classic Baguette	<u>Baguette Of the Day</u> Beef Meatball Arrabiata Or Choose your Classic Baguette
MAIN MEAL	Piri Piri Drumsticks	Mamas Homemade Lasagne and Crusty Bread	British Roast Beef With all the Trimmings	McPenny Cheese Burger & Spicy Wedges	Chef's Fish of the Day With Chips
VEGETERIAN	Roasted Vegetables with Olives, Quorn & Spaggetti	3 Cheese Quiche With Herby Diced Potatoes	Quorn Roast & Trimmings	American Mac & Cheese With Coleslaw	Vegi Burger With Chips
FOOD 2 GO	Pasta King Cold Sweet of the Day Fruit Yogurt Crunch	Pasta King Cold Sweet of the Day Trifle	Pasta King Cold Sweet of the Day Cheesecake	BBQ Pork Burger & Texas Beans Cold Sweet of the Day Banoffee Pie	Jacket Potatoes Cold Sweet of the Day Tiramisu
SOMETHING Sweet	Frozen Fruit Smoothie	Chocolate Cracknel	Jam Sponge & Custard	Fruit Medley	Chocolate Ice Cream Tubs

Allergens

- Ce = Celery
- Cr = Crustacean
- E = Eggs
- F = Fish
- G = Cereals containing Gluten
- L = Lupin
- Mk = Milk
- Mo = Molluses
- Mu = Mustard
- N = Nuts
- P = Peanuts
- Se = Sesame Seeds
- So = Soya
- Su = Sulphur Dioxide

Salad Bar available Daily with all Meals

Look out for Theme Days during the School Year

We use local & seasonal produce. Our meat is farm assured as a minimum

American Diner Day

Seaside Friday's Jumbo Sausage & Chips Curry Sauce

